

CLUBS
2018/2019

Clubs are optional after-school programs offered to Nursery Bet (3's) and Pre-K (4's) children. They take place from 1:00 to 2:00pm every day. The program cost is \$675 per day for the year. *No refunds or credits provided for missed or dropped classes.*

Monday	HULA-HOOP / ZUMBA: Sarah Murphy leads the children in an energized hula-hoop class that strengthens core muscles and encourages self-expression. Children work with age-appropriate hoops and each class ends with a mini-performance! On designated Mondays throughout the year, Morah Nicole teaches the children to move to the music in her fun and lively Zumba dance class.
Tuesday	COOKING: Children learn the art and science of cooking and baking with Morah Nicole. Classes focus on following recipes, measuring, using cooking utensils, experimenting with flavor combinations, food presentation, cooking safety, nutrition, and of course, lots of tasting!
Wednesday	SCULPTURE: Children explore art form in the 3rd dimension with Morah Yael, learning the different ways they can transform something flat into something with height and form. Children will mold and construct art pieces from many different materials, including clay.
Thursday	GYMNASTICS: Anatolie Vartuso promotes gross motor development and physical fitness while teaching the children basic gymnastic skills and vocabulary while improving their strength, flexibility, balance, and coordination.
Friday	STEM: Through hands-on activities that include gardening, conducting experiments, solving puzzles, designing, and building, Morah Michelle will explore a range of science, math, engineering, and technology concepts with the children.

Your child can participate in these classes on a drop-in basis if space allows. The drop-in fee is \$35 per class. To enroll in a Club, please contact Greta Finkelstein: Email - finkels3@optonline.net / Text - 203-249-5141.